



Your fitness. Your cause.

ALL TRI

ON JANUARY 30, LEARN HOW YOU CAN:

- **GET FIT ... OR FITTER**
In four months, All Tri will coach you to complete a triathlon or reach a new PR.
- **TRAIN WITH ALL TRI**
Group swimming, bike and running workouts augment your individual program.
- **SUPPORT YOUR PASSION**
Reach your fundraising goal with our online fundraising tools, travel to your triathlon, and *then* present an oversized check to your charity.

**COME TO MAGGIANO'S
NORTHPARK AT 10 A.M.
ON SATURDAY JAN. 30
LEARN MORE AND RSVP
AT WWW.ALLTRI.ORG**

TRAIN WITH ALL TRI TO COMPLETE A TRIATHLON AND RAISE FUNDS FOR THE CHARITY OF YOUR CHOICE

In 2009, our non-profit organization coached more than 40 individuals to complete an endurance athletic event. We also helped them raise \$125,000 for 26 different charities.

Come February 6, we start doing it again...

Our 2010 Triathlon Events:
Capital of Texas Triathlon in Austin – May 31
San Francisco Triathlon – July 9-11

Registration Fee:
\$150 (helps cover athletic training + fundraising support)

Reach your minimum fund-raising goal and you will receive an expenses-paid trip to your triathlon!

Information Session:
Jan. 30 at Maggiano's NorthPark Center, 10 a.m.

RSVP and get more details:
www.alltri.org

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WWW.ALLTRI.ORG

ALL TRI'S 2010 SEASON SPONSORS AND PARTNERS INCLUDE:



All Tri is a 501(c)(3) public charity. Our Federal ID is 26-3227185